

# FITBENCH®

## FLEX



At FITBENCH® we believe that high intensity, fast-paced, HIIT workouts get results faster. With the FITBENCH FLEX, you can now have that complete workout without the hassle of a crowded gym. Equipped with dumbbells, kettlebells, and a slam ball, the FLEX is the perfect choice for home gyms, studios, and training facilities.

	FITBENCH FLEX	ACCESSORIES' WARRANTY
Unit weight	150 lb bench + 275 lb weights (69 kg bench + 152 kg weights)	-
Width	17" (43 cm)	-
Length	46" (117 cm)	-
Height	20" (51 cm)	-
Construction	12 gauge cold-rolled steel	-
Anchor points for FITBANDS®	14	-
Extra storage slot down middle to fit 30' FITROPE™	▪	-
Durable and soft, contoured vinyl top	▪	6 months
Soft-closing, inclining top	8 positions	-
FITROPE™ (not included)	1.5" x 30' (4 cm x 9 m) 21 lbs (10 kg)	6 months
FITBANDS® (not included)	Snap-proof with nylon cover (light, medium, & heavy)	6 months
6 commercial grade and custom-designed FITBENCH hexagon dumbbells	5, 10, 15, 20, 25, & 30 lbs (2, 4, 6, 10, 12, & 14 kg)	1 year
1 commercial slam ball	15 lbs (6 kg)	6 months
2 commercial kettlebells	18 & 30 lbs (8 & 12 kg)	1 year
Cell phone compartment	▪	-
FITBENCH limited warranty	10 years	-

Specifications subject to change without written notice.  
Warranties outside the U.S. may vary - please contact your FITBENCH for details.